

Upcoming Events

September

September Suicide Prevention Month VA Event
 Tentative date for this event is September 22nd
 There will be virtual panels focusing on a series of topics
 Event flyer to come!

Confidential chat at [VeteransCrisisLine.net](https://www.veteranscrisisline.net) or text to 832855

VISN 19 VA/Community Virtual Mental Health Summit
 September 28th
 VISN 19 (including VA medical Centers in CO, OK, MT, UT and WY) will be conducting a VISN-wide virtual mental health Summit. To register see flyer below!

Support Matters.



October

Joining Community Forces Quarterly Meeting
 October 20th
 More details to come!



Check out more resources below!

VCP VA Co-Chair-Courtney McGuire
 VCP Community Co-Chair- Katie Civiletto Stenger
 Email: CourtneyMcGuire2@va.gov
 Email: Kstenger@summitbhc.com
 Twitter: @VCP_CO



Don't forget to fill out our survey at
https://www.denver.va.gov/grecc/vcp_co

Save the date

Sept 28, 2021

U.S. Department of Veterans Affairs

VISN 19 VIRTUAL MENTAL HEALTH SUMMIT

8am-1pm MDT 9am-2pm CDT Webex

Planned Topics Include:

- Suicide Prevention
- Moral Injury
- Peer Support
- Military Sexual Trauma
- Women's Mental Health
- Telehealth
- Race Based Stress and Trauma
- Serious Mental Illness

Local VA/Community Partner Networking

Hosted by the VISN 19 Local Recovery Coordinators:

- Eastern Colorado Health Care System - Denver
- Bryan Stice, PhD
- Eastern Colorado Health Care System
- Southern Colorado
- Brittany Muscareo, PhD
- Northern Colorado/Cheyenne Health Care System
- Christopher Aguilar, LCSW
- Western Colorado Health Care System
- Grand Junction
- Jerrold Endsley, LCSW
- Oklahoma City Health Care System
- Kelly White, LCSW
- Eastern Oklahoma Health Care System
- Arena Mueller, PhD
- Salt Lake City Health Care System
- Rita Mangum, LCSW
- Sheridan Health Care System
- Vivianne Tran, PhD
- Montana Health Care System
- Robert McCabe, LCSW

To register for this webinar go to:
<https://veteransaffairs.webex.com/veteransaffairs/k2/j.php?MTID=tet630d65f35082a9a07c2a996a04393>

After registering, you will receive a confirmation email with instructions for joining the session.

1.5 CE APPLIED

SPECIAL CIRCUMSTANCES FOR VETERANS IN DETOX & EARLY RECOVERY

SEPTEMBER 8 12-1:30PM EST

ZOOM WEBINAR

PRESENTED BY:
VANCE RAHAM, MD, FACCQ, ADM, MRO, DASAM

The presentation will lay out the special needs in treatment and early recovery for military veteran patients currently receiving addiction treatment in the Residential/PHP level of care. Subjects include military mentality, Combat/Trauma/PTSD, night terrors, chronic pain, special medications, trust, and hope.

OBJECTIVES

1. Discuss aspects of an appropriate atmosphere where veteran clients will be comfortable, respected and able to engage in treatment
2. Review appropriate medications for veteran clients who suffer from Combat/Trauma/PTSD/Night Terrors as well as chronic pain
3. Outline process for appropriate aftercare and clean/sober housing for veteran clients

CONTACTS

JANIS ELLINGTON
 912-678-4480
jellington@summitbhc.com

KATIE ROSS
 757-288-5424
kross@summitbhc.com

ABOUT THE PRESENTER

Dr. Raham is a Board Certified Addictionologist with experience as Medical Director at several large addiction treatment facilities & MAT programs in Indiana & Georgia. Dr. Raham is currently the Medical Director of Willingway Hospital in Statesboro, GA. Dr. Raham is a Veteran of USAF/IAHNG with honorable discharge as a Captain (O-3) Air Tactical Intelligence Officer. He has also been in recovery from opioid addiction for 16 years.

Willingway
 Tactical Recovery

CE Sponsor: Summit BHC | 912-678-4480 | jellington@summitbhc.com | 389 Nichol Mill Rd. Franklin, TN 37061
 Willingway is a subsidiary of Summit BHC

QPR

Question. Persuade. Refer.

Learn How to Help Save the Life of a
 Child • Student • Friend
 Co-worker • Family Member

SEPT 8 11:30AM-1:30PM

Complimentary Webinar

Register
peakviewbhc.com/upcoming-events

Questions?
Heather.Pelser@health.solutions

Heather Pelser

Heather Pelser is the Youth Suicide Prevention Coordinator for El Paso County and the Colorado National Collaborative Coordinator for Pueblo County. Heather worked for 10 years in the El Paso County child welfare system where she lost a teenage client to suicide. She recently earned her Master of Social Work degree in which she completed a year long internship at Pikes Peak Suicide Prevention. Heather was listed as the Youth Suicide Prevention Coordinator in June 2018. She is involved in several state and local suicide prevention initiatives and has provided QPR training to over 600 professionals and community members throughout El Paso and Pueblo Counties. She is a single parent to two teenagers, one of which has been treated for suicide and lives with chronic suicidal ideation.

CE credit will not be offered however a Certificate of Attendance will be provided upon request.

SUMMIT BHC
BEAKVIEW
Health SOLUTIONS
SAMHSA

Resources Needed

For Colorado National Yellow Ribbon Pre-Deployment Events
 September 11 & 12

To Register:
<https://www.surveymonkey.com/r/3-157thFABNResourceRegistration>

The IC Talk:

People with Disabilities Interacting with Law Enforcement

Tuesday, September 14 10am-11:30 am
Outdoor Patio at The Independence Center

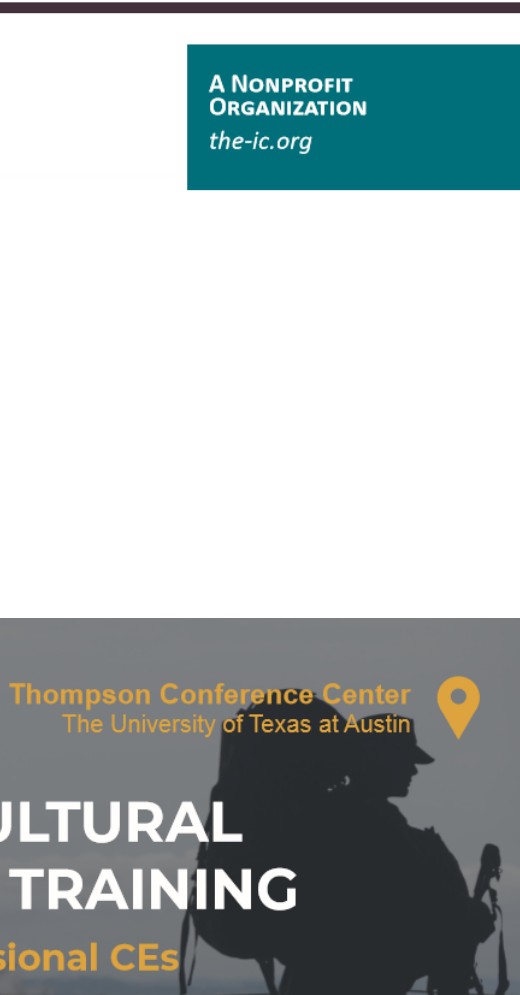
Join us for a disability-focused conversation with officers from the Colorado Springs Police Department. During this free event, we will:

- Hear helpful information about how to best communicate a disability to law enforcement.
- Receive tips on how to ensure positive interactions with law enforcement.
- Engage in small group conversations with the officers to share experiences and ask questions.

Open to the public; no reservations required. Refreshments will be provided.

ASL interpretation will be available. For additional accommodations, please complete our online request form: https://bit.ly/request_accom

HAVE QUESTIONS?
 Email Deb Walker at dwalker@the-ic.org.



729 South Tejon St.
 Colorado Springs, CO 80903
 719-471-8181
 VP: 719-358-2513

A NONPROFIT ORGANIZATION
the-ic.org

September 29 & 30, 2021
 10am - 5pm

Thompson Conference Center
 The University of Texas at Austin

VETERAN CULTURAL COMPETENCE TRAINING

7.5 FREE Professional CEs

Learn how to deliver quality, culturally competent care to Veterans. Through this free evidence-based cultural competence training, participants will gain strategies to better understand and support Veteran wellness, performance, and reintegration. In addition to the training, a virtual theater performance will take place on Sep 29th, from 5-7pm hosted by the Theater of War. This performance will include a live panel discussion with participants.

This training is intended for anyone who currently provides services to, or employs Veterans or their families. This includes medical or mental health professionals, business leaders, HR executives, administrators, and University faculty and staff.

To register, visit <https://bit.ly/3joYeiI>

Please note that social distancing will be observed and masks are recommended for all participants. Learn more about the safety measures being taken by [clicking here](https://bit.ly/3joYeiI).

About Theater of War

THEATER OF WAR PRODUCTIONS

Theater of War Productions works with leading film, theater, and television actors to present dramatic readings of seminal plays—from classical Greek tragedies to modern and contemporary works—followed by town hall-style discussions designed to confront social issues by drawing out raw and personal reactions to themes highlighted in the plays. Visit their website to learn more: theaterofwar.com

PARTNERS & SPONSORS

VA U.S. Department of Veterans Affairs
 VISN 19 MIRECC & VISN 17 Center of Excellence
 (American Legion Post 10000)

INSTITUTE FOR VETERANS AND MILITARY FAMILIES
 (Hospitals for the Homeless)

STARBUCKS
 RESILIENCE CENTER
 FOR VETERANS & FAMILIES
 RESEARCH AND PROFESSIONAL SERVICES

THE UNIVERSITY OF TEXAS AT AUSTIN
 Institute for Military and Veteran Family Wellness
 Dell Medical School & Steve Hicks School of Social Work

THEATER OF WAR PRODUCTIONS

For more information email Joseph Geraci, PhD, LMHC Education & Clinical Care VA VISN 2 MIRECC & VISN 17 CoE Lieutenant Colonel (Ret, Infantry) at joseph.geraci@va.gov

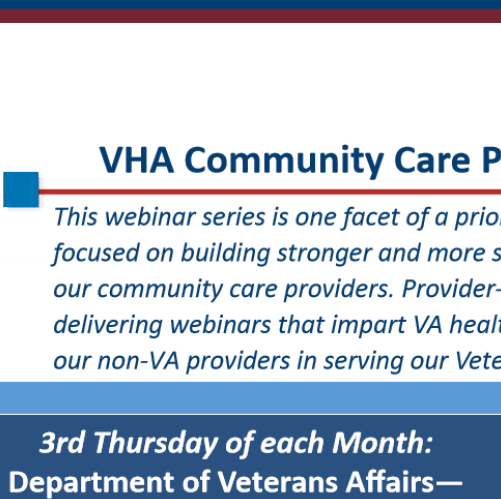
NAMI Homefront

What is the NAMI Homefront Education Program?

NAMI Homefront is a free, six-session education program for family, friends and significant others of Military Service Members and Veterans with mental health conditions. It focuses on the unique needs of military and veteran communities, such as post-deployment and post-discharge transitions.

The course is designed to help family members understand and support their loved one while maintaining their own well-being. The trained teachers of this course are also family members who have experience with military culture and know what it's like to have a loved one living with symptoms of a mental health condition.

NAMI Colorado, the state organization of the National Alliance on Mental Illness, will offer it's NAMI Homefront Education Program beginning Wednesday, August 18th. It will be held on Wednesday evenings from 7-9pm MST via Zoom for 6 weeks.



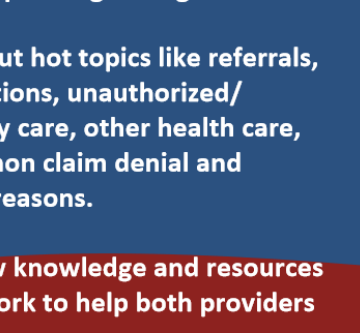
Participant Perspectives

NAMI Homefront is an adaptation of the evidence-based NAMI Family-to-Family Education Program, which has been taught in VA health facilities since the late 1990s.

"It's the first step I have taken to get more involved personally with the VA. The first step I have taken to take care of me."

— Mother of a veteran after graduating from a NAMI Homefront class held at the VA in NY

Contact Kristin at 303-321-3104 to register for our NAMI Homefront class



Kristin Jones
NAMI Colorado
 3333 S Bannock St., Ste 430
 Englewood, CO 80110
 303-321-3104
kristin@namicolorado.com

About NAMI
 NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Colorado and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy, and support group programs for people in our community living with mental illness and their loved ones.

For more information about the Office of Community Care, email us using our Inquiry Routing & Information System (IRIS) at <https://iris.cushelp.com/app/ask>, or visit our website at <https://www.va.gov/communitycare/>.



Created October 2018